

# NDCY Competitive Swimming

## Forms of Communication

As a growing team with several practice groups and multiple coaches, we provide several forms of formal and informal communication making an effort to stay connected. As in every organization, communication is the cornerstone of effective functioning. We've set up a few ways for you to have direct communication with the Gators and receive information from them. A few ways for the families to communicate with coaches are:

### **Our Team Website/Team Unify**

<https://www.teamunify.com/team/ymca-5581/page/home>

\*If you're a former Gator then you are familiar with our "Team Mailbox" in the lobby. Since we are reducing the traffic in our lobby due to COVID-19 we will not be using the mailbox this year. Our goal is to send out all communication electronically and documents will be posted to our Team Unify site as needed, as well as via email. If there is a need to send home a hard copy of information, it will be directly handed to your swimmer.

### **Email**

If any questions arise throughout the season, email us at any time! This is the best way for us to communicate clearly and frequently at all times. You can easily access the coaches and YMCA staff at any time via the message feature in TeamUnify. To help us communicate effectively please be sure to give a valid email address in your registration packet.

### **In Person**

Coaches can be available before or after a swim practice if planned ahead. If you would like to meet with a coach please arrange a meeting ahead of time. This will help the coaches make time for you and your questions. But during practices, our first priorities are the swimmers in the water.

### **Facebook**

Find the "Northern Dauphin County YMCA" on Facebook and "like" us! This is a great tool for our YMCA to keep our members up-to-date on the facility, our programs, events, etc. The NDCY Gators also have a private Facebook group which is a GREAT way to keep up with all information regarding swim team especially any

changes regarding practices, meets, cancellations, pool hours, etc. Please search the Facebook group, "NDCY Gators Swim Team" and request to join"

A. Use #NDCYGators when sharing any swim team related posts or congratulating swimmers on their accomplishments at swim meets on social media like Facebook and Instagram! When our swim families click on the #NDCYGators they'll be able to see all of our amazing team's photos and posts in one place.

B. A reminder for common sense picture taking. Never take photos of swimmers in locker rooms, with personal information displayed, and always ask a swimmer and their parents' permission before taking a photo.

### Important Contact Information

Head Coach: Al Davis

Email: [alan.davis77@yahoo.com](mailto:alan.davis77@yahoo.com)

Phone Number: 717.315.9200

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NDCY Senior Program Director: Sidney Gray

Email: [Sidney.watkins@ymcaharrisburg.org](mailto:Sidney.watkins@ymcaharrisburg.org)

Phone Number: 717.362.9494 (W) & 717.982.0042 (C)